

The Health Centre at the University of Sussex Website

The Health Centre at the University of Sussex Falmer Brighton BN1 9RW
ENQUIRIES/OUT OF HOURS 01273 249049 EMAIL admin.unimed@nhs.net

Welcome

The practice caters mainly for the students at the University of Sussex, and we strive to tailor our services to match the needs of our practice population.

Registration should be done by completing the **online form** if you have a user name and password. If not, contact reception.

Appointments can be made in person, or by telephone. If you find it difficult to access the practice during opening hours telephone consultations are available both with doctors and nurses.

Who We Are

There has been a health service operating from the University of Sussex campus since the 1960's. Over years this service has evolved and developed and we pride ourselves on offering specialist primary healthcare services targeted at the student population of Brighton and Hove. The practice building is purpose built and facilitates disabled access.

If you register with us, your local primary care trust (PCT) is:

Brighton and Hove City Teaching Primary Care Trust,
Prestamex House, 1st Floor, 171-173 Preston Road, Brighton BN1 6AG

Contact us

Appointments/general enquiries

Tel: 01273 249049

Fax: 01273 249040

Out of hours 01273 687728

Email: admin.unimed@nhs.net

The Medical Team

Dr Rosemary McConnell MB ChB (Birmingham) 1975 DFFP

Dr Christopher Watson MBBS (London) 1981, DRCOG FPCert

Dr Philip Denis Le Seve MB ChB (Manchester) 1984 DRCOG, FPCert, DCH, MRCP

Dr Jan Austeria LRCP (London) 1986, MRCS (Eng), DRCOG, DGM, DCH

The Nursing Team

Sarah Wood RGN

Val Relton RGN

Jo Fawcett RGN

Kate Bamham RGN

Nicky Ramsay RGN

Senior Practice Manager

Lindsay Coleman

Practice Manager

Anne Scott

Reception team

Kath Reynolds

Sue Petken

Lindsay Mitchell

Bernie Dale

Caroline Beach

Secretarial Team

Val Steele

Carol Watson

Admin Assistant

Hazel Rolf

Phlebotomist

Rosemary Hanchett

Registration

To access our services, you need to register with us. You must register with a doctor in the area in which you spend the majority of the year. As students, spending a minimum of 30 weeks a year in Brighton you need to register with us. If you need to see a doctor when you are back at home, you can see them as a temporary resident. This prevents your medical

records transferring from one practice to the other.

If you have any concerns about this, please speak to a member of the reception team who can advise you.

In order to register, you need to complete a form which is available from reception. If registering at the beginning of the academic year, you should register **on-line**.

Opening Hours

Termtime

Monday – Thursday 9am – 6.30 (last appointment 6.00pm)

Friday 9am – 5pm (last appointment 4.30pm)

Vacation

Monday – Friday 9am – 5pm (last appointment 4.30pm)

Appointments

Can be made on the day or booked in advance, by person or by telephone.

Telephone consultations are available with both the doctors and the nurses and can be useful, particularly if you live off campus. To arrange a telephone consultation, speak to a member of the reception team who will take a contact number and arrange for the doctor or nurse to call you at a mutually convenient time.

Rapid access

To improve access, we now run rapid access clinics every day. Appointments are not necessary. Simply turn up and you can wait to be seen. The reception team will be able to give you an indication of waiting times.

Home visits

These are for emergencies and are only undertaken for medical reasons, the housebound or the terminally ill. A request for a visit will be discussed with you and it may be decided that you should attend the surgery. Please note that distance or lack of finance is not an acceptable reason for a home visit.

Over 75 Home visits

If you are over 75 and have not seen your GP in the last 3 years, a home visit may be arranged to assess your medical needs.

Out of hours

For medical advice when the surgery is closed
contact NHS Direct on 0845 4647
or www.nhsdirect.nhs.uk
or ring 01273 249049 for a recorded message.

This will give you the number for the out of hours primary care centre.

Please remember out of hours services are only for medical emergencies which cannot wait until surgery opening times and should not be abused. In the event of technical failure or any other difficulty which prevents you contacting your doctor, you should dial 999.

At present, there is no walk in centre available in this area.

Services

We offer all core medical services under the General Medical Services Contract (2004), including child health surveillance, maternity, contraceptive services, cervical screening, childhood immunisations, travel and flu immunisations

Smoking cessation appointments are also available.

Consultations are conducted in English. Dr Le Seve speaks French and Dr Austeria speaks Czech. If translation services are required please contact us in advance. We have access to the Sussex Interpreting Service.

Emergency contraception

Please see the nurse as soon as possible, but within 72 hours of unprotected sexual intercourse. If it is longer than that, other options may be available so it is still worth seeing the nurse.

Antenatal clinics

Held by the Community Midwife at Moulsecombe Health Centre
Tel 01273 694667

Childhood/baby immunisations

Please speak to reception who will advise on the best time to attend.

Travel immunisations

Should be booked well in advance of the date of travel. We are also a designated yellow fever centre for registered and non-registered patients. There is a charge associated with travel

immunisations and the nurse will advise you of these on your initial visit.

Payment is in advance and is non-refundable

Private fees

Some services are not covered by the N.H.S. We charge for all such private work.

Examples include certain immunisations, travel/health certificates, and private sick notes. Medical examinations for employment or other purposes are performed on Friday afternoons. Payment for private services must be made in advance and are non-refundable. Lists of the fees can be obtained at reception.

All students who are on courses which last more than 6 months are entitled to NHS treatment. Some short stay overseas students who are here for less than 6 months may not be eligible for NHS treatment and will be charged for any consultation and treatment. Medical insurance is advisable.

Repeat Prescriptions

Repeat prescription requests cannot be made by phone. Repeat prescription requests must be made in person or in writing. You may be required to fill in a form. Please give 24 hours notice. You will need to be seen for review as appropriate. If you wish your prescription to be posted, you must endorse a SAE. We do NOT fax prescriptions to chemists for routine repeat requests.

Policies

Prescriptions

Students who are 19 and over are not eligible for free prescriptions. For help with prescriptions fill in a form HC1 available from chemists and the surgery

Overseas students

if you are here on a course that lasts more than 6 months, you should be entitled to NHS treatments. However, we strongly advise that you take out medical insurance before arrival to ensure cover for speedy access to specialist care.

Complaints

We strive to offer a service that meets your needs. If however, you have any grievances we offer an in-house complaints procedure; please contact Mrs A Scott, our Practice Manager, who will be pleased to discuss matters with you.

Patient's responsibilities

Provision of an efficient service is dependent on us working together with you, the patient. Please remember to cancel your appointment, giving 24 hours notice. This enables the appointment to be used by someone else. If you are late for an appointment, you will be asked to make another appointment.

Change of address

It is your responsibility to inform us of change of address. If you move and do not inform the practice, there is a danger you will be removed from our list by Health Authority procedures. You may phone, send or email your change of address details to us.

Data Protection and access to your medical records

All new patients are offered an appointment with the nurse for a short medical and the recording of relevant health data. The personal information you give us will be used in your medical care. Some information will be passed to the Health Authority for administrative purposes. Staff employed by the practice will have access to your medical records and other visiting clinicians such as the phlebotomist, midwife and health visitors would be able to access your medical records. Everyone who may have access to medical records will have signed a confidentiality agreement. Information is never disclosed to a third party, including the University without your permission. The only exception to this would be if it were believed that someone may come to serious harm if the information was not disclosed. You would be informed that confidentiality was to be broken.

You are able to access your medical records with your GP's permission. There is a standard charge for this. You may not remove your medical records from the Health Centre. You are entitled to request a copy of your records for which there is a charge.

Violence and abuse

We have a zero-tolerance policy for violent and abusive behaviour. Anyone displaying violent or abusive behaviour to members of staff or to other persons on the practice premises, will be asked to leave immediately. The Police will be called and given your details.

Suggestions

We welcome suggestions and comments. Please leave your suggestions in the suggestion box in reception or email them to us on admin.unimed@nhs.net

Freedom of Information

For our policy, please contact Mrs A Scott, Practice Manager

Links

Sexual health advice

www.brightonsexualhealth.com

unisex.org.uk

Patient advice

www.nhsdirect.nhs.uk

www.patient.co.uk

www.meningitis-trust.org

Smoking

www.quit.org.uk

Alcohol

www.drinkaware.co.uk

For advice on spiked drinks

Family Planning Clinic

01273 242091

East Sussex Brighton and Hove Mental Health Line

0808 808 3333 (d)

0808 800 2073 (e)

